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Sardines May Be Solution To Overfishing

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Vancouver The best way to stop the overfishing of endangered species may be to switch over to smelly, oily fish such as sardines, anchovies and herring, says a new study from the University of B. C. Such fish, known as small pelagics, are still plentiful and are easy to catch because they travel in huge schools. At the moment, about 30 million tonnes of small pelagics are taken from the world's oceans every year, making up about a third of all the fish caught worldwide. The problem, according to the study, is that only a very tiny fraction -- about 1%-- end up as food on our dinner tables. More than 50% are ground up and fed to farmed fish, such as salmon. Another 40% are used as high-protein feed for chickens and pigs. Canwest News Service

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